

# Calming Cuteness



**Animal Adorability to Color & Enjoy!**

Curated with love (and squish)

by Jaime A. Heidel - The Articulate Autistic

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Cute, squishy, adorable things have soothed my anxious autistic soul for as long as I can remember. If adorability is your thing, too, try coloring these cute little critters while listening to some relaxing, stimmy music.

And remember, it's OK to be yourself.

Created With Canva

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